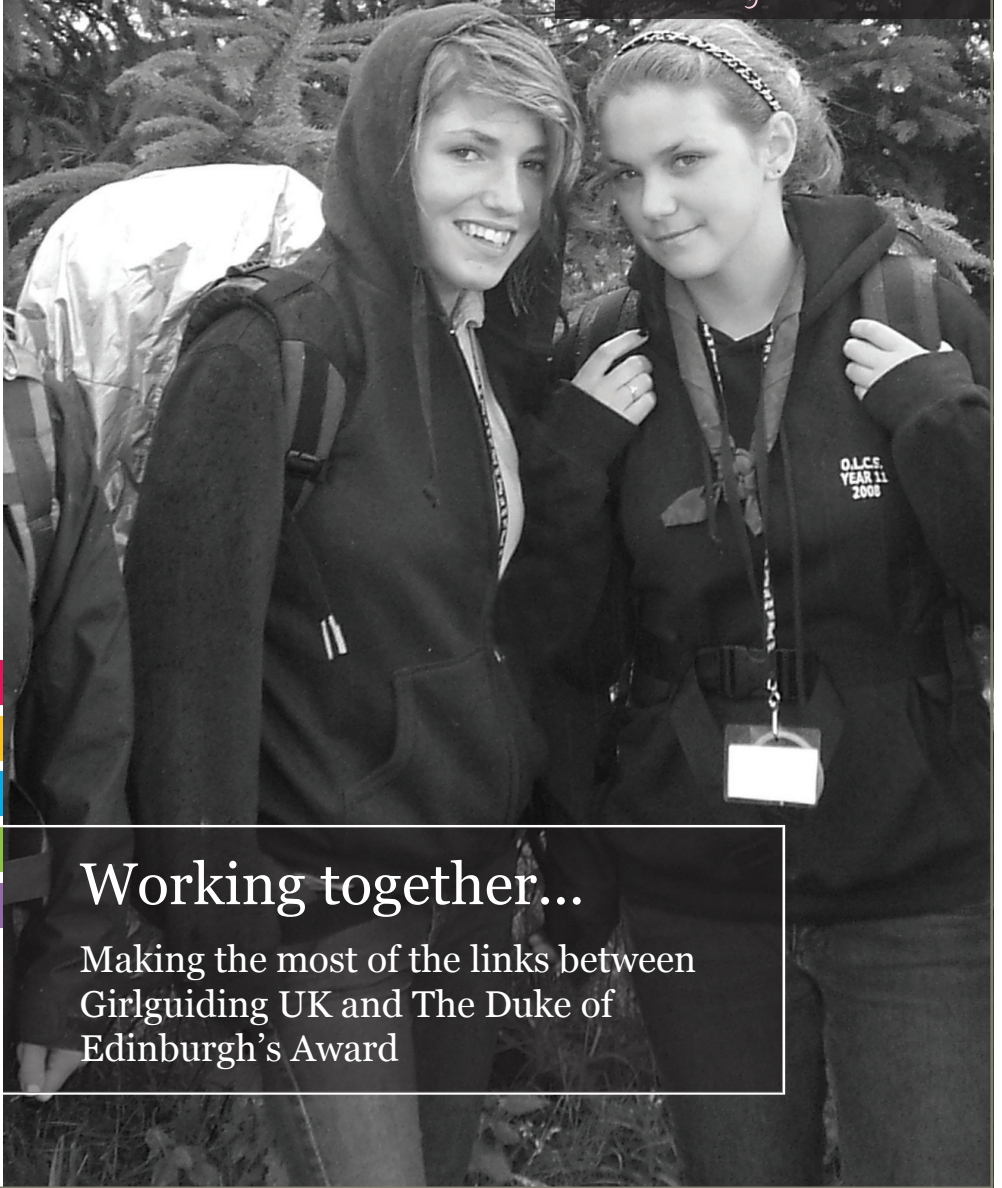




Girlguiding UK
girls in the lead



Working together...

Making the most of the links between
Girlguiding UK and The Duke of
Edinburgh's Award

Doing your DofE

As a member of the Senior Section, you can undertake a wide range of awards and qualifications. These include Girlguiding UK's Young Leader Qualification, the adult Leadership Qualification, Look Wider and the Queen's Guide Award. But did you know that you can also achieve a Duke of Edinburgh's Award?

There is a lot of overlap between DofE programmes and the programme activities you might take part in with Girlguiding UK. This leaflet has been put together to give you an idea of just a few of these. It might be much easier than you think to gain more than one of these awards and qualifications.

How do the awards overlap?

Bronze (14+ years old)

To achieve your Bronze Award, you need to complete the following sections:

Volunteering	Physical	Skills	Expedition
3 months	3 months	3 months	Plan, train for and complete a 2 day, 1 night expedition

*You must also undertake a **further** three months in the Volunteering, Physical or Skills section.*

Volunteering

Why not see if what you are already doing can be counted? Working towards your Young Leader Qualification or helping in local guiding in any other way on a regular basis can also count towards your DofE. If you have made your promise as a Senior Section member, you have made a commitment to be of service to your community so this section should be easy.

Physical and Skills

Don't forget to make sure you count what you are doing for your Physical or Skills sections towards your Octant challenges. Event planning is a skills activity so why not see how planning an event for guiding in your area can count towards your DofE?

Expedition

As you are doing an expedition for your DofE, why not take a look at the Senior Section Permit to see what you can do for both?



Silver (15+ years old)

To achieve your Silver Award, you need to complete the following sections:

Volunteering	Physical	Skills	Expedition
6 months	One section for 6 months and the other section for 3 months		Plan, train for and complete a 3 day, 2 night expedition
<i>If you have not achieved your Bronze Award you must undertake a further six months in your Volunteering or the longer of your Physical or Skills sections.</i>			

Volunteering

Take a look at the Young Leader Qualification or adult Leadership Qualification to see how what you are already doing could count towards your Silver.

Physical, Skills and Expedition

Remember to see if what you're already doing for guiding can count towards your DofE.

Gold (16+ years old)

To achieve your Gold Award, you need to complete the following sections:

Volunteering	Physical	Skills	Expedition	Residential
12 months	One section for 12 months and the other section for 6 months		Plan, train for and complete a 4 day, 3 night expedition	Undertake a shared activity in a residential setting away from home for 5 days and 4 nights
<i>If you have not achieved your Silver Award you must undertake a further six months in either your Volunteering or the longer of your Physical or Skills sections.</i>				

Volunteering

Consider gaining the adult Leadership Qualification and, by doing so, you will already be doing volunteering that could count towards your Gold DofE programme.

Physical and Skills

Check out whether what you are doing might also count towards the Personal Skill and Development element of the Queen's Guide Award.

Expedition

Your DofE expedition can also count towards your Queen's Guide Award Outdoor Challenge. You just need to make sure you have completed your Permit or Camp and Holiday Scheme (modules 1 to 6) before you go.

Residential

Completing your Residential can count towards your Queen's Guide Award too!

Activities undertaken prior to entry

If you are already a Young Leader or are volunteering for Girlguiding UK and have done enough to complete the Volunteering section before you have actually started your DofE programme, you can count your activity towards the achievement of your DofE Award, if it was done in the preceding three months.

Getting started

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| Step 1 | Decide which level of DofE programme you would like to do (this will depend on your age, time commitments etc). |
| Step 2 | Contact your County DofE Adviser. If you don't know who this is, your Senior Section Leader/Adviser or local Commissioner will be able to tell you. |
| Step 3 | Decide with your Senior Section Leader or DofE Adviser what you are going to do for each section of your DofE programme. Whatever level you're doing you'll create your own personal programme with the help of your Leader – you just have to choose one activity for each section. Check out www.DofE.org/sections for loads of inspiring ideas. |
| Step 4 | Get started! Don't forget to record what you are doing and ask people to sign off each section as you complete it. |
| Step 5 | Once your <i>Record Book</i> is complete, contact your County DofE Adviser. |

How long will it take?

The time it will take to complete your programme and achieve an Award is in many ways down to you. The minimum time for each section of the DofE programme is given in months. The shortest amount of time in which you could complete your Bronze programme is six months; your Silver, 12 months; and your Gold, 18 months (for direct entrants). During your programme you'll need to do each activity for an average of an hour a week over this time. Don't forget - you have until your 25th birthday to complete any programme and achieve an Award!

Why do both?

Why not? By registering for your DofE and Girlguiding UK Awards you can gain twice the recognition for the efforts you put in. Both Girlguiding UK and Duke of Edinburgh's Awards are recognised by colleges, universities and employers.

Find out more...

- **Girlguiding UK Awards:** speak to your Senior Section Leader or Adviser or local Commissioner. Alternatively, contact us on 020 7834 6242 or visit www.girlguiding.org.uk
- **The DofE:** speak to your County DofE Adviser or take a look at www.DofE.org

