

## Record Book for:

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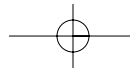
Telephone

Mobile

Email

Unit

County



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Users are reminded that during the lifespan of this publication there may be changes to:

- Girlguiding UK's policy
- legal requirements
- practice by governing bodies, for example The Duke of Edinburgh's Award
- British Standards

which will affect the accuracy of the information contained within these pages.

Although the terms 'parent' and 'daughter' are used in this resource, users should remember that what is said may apply to a guardian or other adult with parental responsibility, or their ward.

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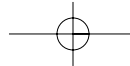
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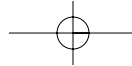
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## Senior Section Group Info

### My Senior Section Leader

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_ Postcode \_\_\_\_\_  
 Telephone/Mobile \_\_\_\_\_  
 Email \_\_\_\_\_

### My District/Division Commissioner

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_ Postcode \_\_\_\_\_  
 Telephone/Mobile \_\_\_\_\_  
 Email \_\_\_\_\_

### My group

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_ Postcode \_\_\_\_\_  
 Telephone/Mobile \_\_\_\_\_  
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Name \_\_\_\_\_  
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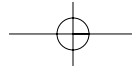
## Introduction to the Senior Section CD and Record Book

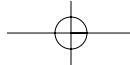
Welcome to your Senior Section CD-ROM and Record Book.

This CD resource for the Senior Section has been produced by popular request from, and for, members as a way of bringing together everything you've ever wanted to know or discover about what the Senior Section has to offer. From Look Wider to international opportunities and more, it's all here. To find out in more detail about what's in store for you, as part of Girlguiding UK's most dynamic section, simply access your CD and start browsing.

Accompanying the CD resource, this Record Book has been designed to help you log your progress through the Senior Section's Look Wider programme.

Furthermore, should you choose to pursue them, sections have been included to help you log your progress through the Young Leader Qualification and the Commonwealth Award.





## Recording your Look Wider Progress

Look Wider is a personal development programme that has been specifically designed and developed by Girlguiding UK for Senior Section members. It is your opportunity to try new things, further your abilities in areas you've already experienced and share your skills with others.

Everything you need to know about taking part in Look Wider is contained within the accompanying CD.

Use this section of the Record Book to keep track and monitor your progress and achievements as you work on your Look Wider Octants. Keep updating it as you accommodate new goals, and keep it safe so you can always refer to it.

## Look Wider: Creativity

### Phase 1

Activity

Time given

Activity

Time given

Activity

Time given

### Phase 2

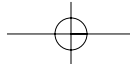
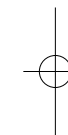
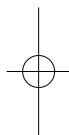
Activity

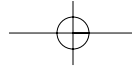
Time given

### Phase 3

Activity

Time given





## Look Wider: Fit for Life

### Phase 1

Activity

Time given

Activity

Time given

Activity

Time given

### Phase 2

Activity

Time given

### Phase 3

Activity

Time given

## Look Wider: Community Action

### Phase 1

Activity

Time given

Activity

Time given

Activity

Time given

### Phase 2

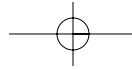
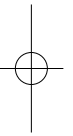
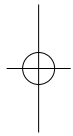
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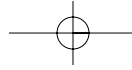
Time given

### Phase 3

Activity

Time given





## Look Wider: Out of Doors

### Phase 1

Activity

Time given

Activity

Time given

Activity

Time given

### Phase 2

Activity

Time given

### Phase 3

Activity

Time given

## Look Wider: International

### Phase 1

Activity

Time given

Activity

Time given

Activity

Time given

### Phase 2

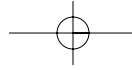
Activity

Time given

### Phase 3

Activity

Time given



## Look Wider: Independent Living

### Phase 1

Activity

Time given

Activity

Time given

Activity

Time given

### Phase 2

Activity

Time given

### Phase 3

Activity

Time given

## Look Wider: Personal Values

### Phase 1

Activity

Time given

Activity

Time given

Activity

Time given

### Phase 2

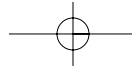
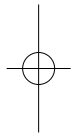
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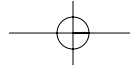
Time given

### Phase 3

Activity

Time given





## Look Wider: Leadership

### Phase 1

Activity

Time given

Activity

Time given

Activity

Time given

### Phase 2

Activity

Time given

### Phase 3

Activity

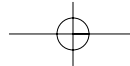
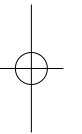
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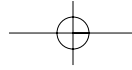
## Recording your Young Leader Qualification progress

The Young Leader Qualification has been devised for Senior Section members aged between 14 and 16 who regularly help as a Leader in a Rainbow/Brownie/Guide unit.

Should you choose to do the Young Leader Qualification, you can use this section of the booklet to help you record and monitor your progress through Modules 1 and 2 of the qualification.

Note that a regular record of your progress here will also help you in the future if you choose to go on to complete the adult Leadership Qualification once your turn 16.





# YLQ Module 1: Your role in the programme

## Part 1 - The five essentials

Signed	Date
a	
b	
c	

## Part 2 - Carry out the programme

Signed	Date
a	
b	
c	
d	
e	

# YLQ Module 1: Your role in the programme

## Part 3 - The unit programme

Signed	Date
a	
b	
c	
d	
e	

## Part 4 - Working with members

Signed	Date
a	
b	
c	
d	

## YLQ Module 2: Your role in Girlguiding UK

### Part 1 - The Promise

Signed	Date

### Part 2 - Getting involved in guiding

Signed	Date
a	
b	

Completed \_\_\_\_\_

Signed	Date

## Recording your Commonwealth Award Progress

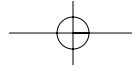
The Commonwealth Award is open to all Guides and Senior Section member throughout the Commonwealth. The Award can be as challenging as you choose it to be and will give you the opportunity to explore the history of guiding in the Commonwealth nations, current Commonwealth issues, and take action in your community.

Use this section of the booklet to help you record your progress through the Award. The Award consists of three compulsory challenges chosen from:

- History or Guiding
- Knowledge of the Commonwealth
- Community Action.

And a further two optional challenges chosen from:

- Health
- Environment
- Cultural Heritage
- Fit for Life/Out of Doors
- Public Speaking and Debating
- Creative Writing
- Citizenship
- Investigation



# The Commonwealth Award

## Compulsory challenges

### History of Guiding

Signed	Date
a	
b	
c	

### Knowledge of the Commonwealth

Signed	Date
a	
b	
c	

### Community Action

Signed	Date

# The Commonwealth Award

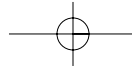
## Optional challenges

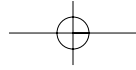
### Challenge \_\_\_\_\_

Signed	Date

### Challenge \_\_\_\_\_

Signed	Date





# Contacts

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